

# Bird and Breakfast

Is that a dirty sock hanging in that tree?  
No, it's a bushtit nest! And that tiny cup  
the size of a quarter, built with lichen  
and spider webs? A hummingbird nest!



Explore the miracles of spring in the beautiful oak woodland and meadows of the **Effie Yeaw Nature Area**, in small groups guided by Audubon experts. Return to a delicious breakfast prepared by your hosts, **the American River Natural History Association**. This event is a fundraiser for educational programs on the American River Parkway.

*Saturday, March 14th, 2009*

*7:30 – 10:30 a.m.*

*Effie Yeaw Nature Center, inside Ancil Hoffman Park  
California Avenue and Tarshes Drive, Carmichael*

**Reservations are required**, \$30 per person, ages 12 and older please.  
Call **489-4918** for information and reservations by March 5th.

*Don't forget your binoculars!*



Your Name \_\_\_\_\_

Name(s) of Your Guests \_\_\_\_\_

In order to help us ensure your enjoyment of the breakfast, please check one of the choices below:

Standard breakfast fare                       Vegetarian fare                       Vegan fare

Telephone number where you can be reached in case of fire, storm, overbooking \_\_\_\_\_

Amount Enclosed @ \$30/person \$\_\_\_\_\_ (you may consider \$20 of each \$30 a donation to ARNHA)

Please make checks out to: **ARNHA** and mail to P.O. Box 241, Carmichael, CA 95609-0241

**THANK YOU!**